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Menus and Market Orders for
Emergency Feeding

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State Council of Civil
Defense (Pa.)Menus and Market Orders for
Emergency FeedingSTATE COUNCIL OF CIVIL DEFENSE
MAIN CAPITOL BUILDING
HARRISBURG, PENNSYLVANIA

EMERGENCY WELFARE SERVICES

MENUS AND MARKET ORDERS FOR EMERGENCY FEEDING

Emergency Welfare Services include responsibility for feeding homeless and evacuees; feeding patients and hospital staffs under medical supervision; and feeding civil defense workers. Every available method and service for emergency feeding should be considered in planning a local program. Meals must be provided in Mass Care Centers, in assembly or reception areas and along evacuation and support routes.

The State Council of Civil Defense in 1951 distributed to all County Civil Defense Directors and County Welfare Chiefs a Feeding Manual prepared by a special advisory committee composed of recognized authorities in the field. Distribution of additional copies of Section IV entitled "Amounts of Food to Serve 50 - 1000 People for Menu Suggestions - Plan A, B, and C2 were forwarded upon request.

Experience has shown, however, that Mass Feeding Chiefs and Mass Care Center Managers prefer menus which can be posted on the wall of the kitchen, and which include market order amounts. Accordingly, the attached basic menus for homeless have been prepared. These menus include the portion size in measure per individual and the market order for 100, 200 and 500 corresponding to commercial trade practices. Several substitute choices of food items for each meal are given so that the best use of food supplies available may be used.

During emergency operations the Local Feeding Chief would order necessary food for each feeding location either from local supplies or from the County Feeding Chief when local supplies are exhausted. Food will be supplied on the basis of these requests. For example, each Mass Care Center Manager would submit a food request to the Local Feeding Chief as follows:

FROM: MASS CARE CENTER #5

TO: Williamsport Control Center

FOOD REQUEST

<u>Date</u>	<u>Meal</u>	<u>Quantity</u>	<u>Required by</u>
3-14-56	Breakfast	3500 people including 200 children	6:00 A.M. Thursday, 3-15-56

The Mass Care Center Manager would not know which specific items of food would be available, only that certain general types would be sent to the Center. If the attached menu for breakfast were used, the Mass Care Center Manager would expect to receive juice, cereal, bread or rolls, bread spread and beverage. The type of juice or cereal sent would depend entirely upon available local supplies.

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Menu - Fruit Juice, Cereal with milk and Sugar,
 bread or rolls, Jelly or Jam, Beverage

BREAKFAST - HOMELESS

State Council of Civil Defense

Menu Item	Portion Size in measure	Market Order for 100	Market Order for 200	Market Order for 500
Fruit Juice (orange, grapefruit or blended) Prune Juice Tomato Juice	Scant $\frac{1}{2}$ cup	8 - 46 ounce cans	16 - 46 ounce cans	40 - 46 ounce cans
Cereal Ready prepared Raw	$\frac{1}{2}$ cup $\frac{1}{2}$ cup	6 pounds 6 pounds	12 pounds 12 pounds	30 pounds 30 pounds
Sugar	$\frac{3}{4}$ tablespoon	3 pounds	6 pounds	15 pounds
Milk	Scant $\frac{1}{2}$ cup	12 quarts	24 quarts or 6 gallons	60 quarts or 15 gallons
Rolls or Bread	2 each 2 slices	18 dozen 10 regular 1 pound loaves	36 dozen 20 regular 1 pound loaves	90 dozen 50 regular 1 pound loaves
Jelly or Jam	2 tablespoon	8 - 1 pound jars	16 - 1 pound jars	40 - 1 pound jars
Coffee	50 cups to 1 pound 1 cup per person 2 cups person	2 pounds 4 pounds	4 pounds 8 pounds	10 pounds 20 pounds
Sugar	2 teaspoons	2 pounds	4 pounds	10 pounds
Children milk, fresh milk, dried	1 glass 1 glass	25 quarts $6\frac{1}{2}$ pound plus $6\frac{1}{2}$ gallons water	50 quarts or $12\frac{1}{2}$ gallons 13 pound plus 13 gallons water	125 quarts or $31\frac{1}{4}$ gallons $32\frac{1}{2}$ pounds plus $32\frac{1}{2}$ gallons water

MENU - Baked beans, or macaroni and cheese, or Meat Stew, or Beef Hash
Bread, Fruit, Cookies, Beverage

LUNCH - HOMELESS

State Council of Civil Defense

Menu Item	Portion Size in measure	Market Order for 100	Market Order for 200	Market Order for 500
Baked Beans and Frankfurter	3/4 cup	18 - No. 2½ cans 15 pounds	36 - No. 2½ cans 30 pounds	90-No. 2½ cans or 25 - No.10 cans 75 pounds
or Macaroni & Cheese Macaroni Cheese	3/4 cup	8 pound dry 12 Pound	16 pounds 24 pounds	40 pounds 60 pounds
or Meat Stew	3/4 cup	12 - No. 5 cans	24 - No. 5 cans	60 - No. 5 cans
or Beef Hash	3/4 cup	48 - 1 pound cans	96 - 1 pound cans	240 - 1 pound cans
Bread	2 slices	10 loaves - 1 pound	20 - 1 pound loaves	50 - 1 pound loaves
Spread				
Butter or oleo	2 teaspoon	2 pounds	4 pounds	10 pounds
Jam or Jelly	2 tablespoon	8 - 1 pound jars	16 - 1 pound jars	40 - 1 pound jars
Peanut butter	1½ tablespoon	10 - 1 pound jars	20 - 1 pound jars	50 - 1 pound jars
Fruit	½ cup	4 - No. 10 cans	8 - No. 10 cans	20 - No. 10 cans
Cookies	2 per person	200 cookies (Count is better here because of the variance of the no. per pound)	400 cookies	1000 cookies
Beverage				
Coffee	50 cups to 1 pound	1 cup - 2 pounds 2 cups - 4 pounds	1 cup - 4 pounds 2 cups - 8 pounds	10 pounds 20 pounds
Tea	1 teaball per cup	100 tea bags	200 tea bags	500 tea bags
Milk				
Fresh	1 glass	25 quarts	50 quarts or 12½ gallons	125 quarts or 31¼ gallons
Dried	1 glass	6½ pound plus 6½ gallons water	13 pounds plus 13 gallons water	32½ pounds plus 32½ gallons water

MENU - Soup & Vegetables, Sandwich, Fruit, Beverage

DINNER - HOMELESS

State Council of Civil Defense

Menu Item	Portion Size in measure	Market Order for 100	Market Order for 200	Market Order for 500
Condensed Soup	3/4 cup	33 - No. 1 Picnic Cans	66 - No. 1 Picnic Cans	165 - No. 1 Picnic Cans
or				
Canned Soup	3/4 cup	35 - No. 2 cans	70 - No. 2 cans or	175 - No. 2 cans or
or			10 - No. 10 cans	25 - No. 10 cans
Canned Vegetables	3/4 cup	35 - No. 2 cans (1#)	70 - No. 2 cans or	175 - No. 2 cans or
		10 regular loaves	10 - No. 10 cans	25 - No. 10 cans
Bread	2 slices	10 regular loaves	20 regular 1 pound loaves	50 regular 1 pound loaves
Rolls	1 each	9 dozen	18 dozen	45 dozen
Filler				
Canned meat	2 ounces	12 pounds	24 pounds	60 pounds
or				
Cheese	2 ounces	12 pounds	24 pounds	60 pounds
or				
Frankfurters	2	25 pounds	50 pounds	125 pounds
Canned Fruit	1 piece	4 - No. 10 cans	8 - No. 10 cans	20 - No. 10 cans
or	1/2 cup	1 box - 125 size	2 boxes - 125 size	4 boxes - 125 size
Apples	1			
or				
Oranges	1	1/2 box - 216 size	1 box - 216 size	2 1/2 boxes - 216 size
Beverage				
Coffee	50 cups per 1 pound	1 cup - 2 pounds	1 cup - 4 pounds	1 cup - 10 pounds
Tea		2 cups - 4 pounds	2 cups - 8 pounds	2 cups - 20 pounds
Milk	1 teaball	100 teaballs	200 teaballs	500 teaballs
Fresh	1 glass	25 quarts	50 quarts or 12 1/2 gallons	125 quarts or 31 1/4 gallons
Dried	1 glass	6 1/4 plus	13 pounds plus	32 1/2 pounds plus
		6 1/2 gallons water	13 1/2 gallons water	32 1/2 gallons water

